

PATRICIA A BURKE

PROFESSIONAL BACKGROUND

Education:

1981 Master of Social Work, Casework, Boston University School of Social Work, Boston, Massachusetts. Thesis: *Bar Use and Alienation in Lesbian and Heterosexual Women Alcoholics*

1977 Bachelor of Arts, Cum Laude, Psychology, Brandeis University, Waltham, Massachusetts

Professional Experience: Teaching

2006-present Affiliated Faculty, Union Institute & University, Psychology/ Human Development and Religion, Spirituality & Holistic Studies Concentrations: Vermont Academic Center, Montpelier, Vermont

1989-present Faculty, Rutgers Summer School of Alcohol and Drug Studies, New Brunswick, New Jersey

1999-present Instructor, Brown University Center of Alcohol Studies, Addiction Technology Transfer Center, Providence, Rhode Island

1999-present Faculty, New England Institute of Addiction Studies, Augusta, Maine

2004-2005 Adjunct Faculty, Behavioral Health and Human Services Department, Southern Maine Community College, South Portland, Maine

2003-2005 Faculty, Chaplaincy Institute of Maine, Portland, ME; an interfaith, post-denominational wisdom school

2002-2003 Clinical Assistant Professor, University of New England School of Social Work, Portland, Maine

2000-2002 Adjunct Faculty, University of New England School of Social Work, Biddeford, Maine

Professional Experience: Clinical

1986-present Psychotherapist/ Addiction and Trauma Consultant, Private Practice, West Baldwin, Maine

Professional Certifications:

Board-Certified Clinical Supervisor (CCS), Maine Board of Alcohol and Drug Counselors, certified 2004

Clinical Alcohol, Tobacco, and Other Drugs Social Worker (C-CATODSW), National Association of Social Workers, certified 2000

Board Certified Diplomate in Clinical Social Work (BCD), American Board of Examiners in Clinical Social Work, certified 1988

Diplomate in Clinical Social Work (DCSW), National Association of Social Workers, certified 1987

Professional Associations:

Motivational Interviewing Network of Trainers
National Association of Social Workers

Association for Transpersonal Psychology
The Co-Occurring Collaborative Serving Maine
Maine Writers and Publishers Alliance

Community, Civic, and Professional Service:

2009-present Member, Advisory Board, Addiction Technology Transfer Center of New England, Brown University Center for Alcohol and Addiction Studies, Providence, Rhode Island.

2004-present Member, Board of Directors, Tri-County Mental Health Services, Auburn, Maine; a community-based mental health agency.

2004-2005 Member, Board of Directors, Chaplaincy Institute of Maine, Portland, Maine; an interfaith, post-denominational wisdom school.

SCHOLARLY ACTIVITIES

Scholarship of Discovery

Burke, P.A. (2006). Enhancing Hope and Resilience Through a Spiritually Sensitive Focus in the Treatment of Trauma and Addiction, In B. Carruth (Ed.), *Psychological Trauma and Addiction Treatment*. New York: Haworth Press.

Burke, P. A., Carruth, B., & Prichard, D. (2006). Counselor Self-Care in Work with Traumatized, Addicted People, In B. Carruth. (Ed.). *Psychological Trauma and Addiction Treatment*. New York: Haworth Press.

Burke, P. A. (2005, May/June). Circle of Meaning: A Narrative Tool for Exploring the Multi-Dimensional Nature of Spirituality. *Counselor: The Magazine for Addiction Professionals*, 6(3), 22-28.

Burke, P. A. (2004). Book Review: International Aspects of Social Work Practice in the Addictions, Straussner, S. L., & Harrison, L. (Eds.) *Counselor: The Magazine for Addiction Professionals*, 5(3), 75.

Burke, P. A. (2001). True Leader: A Parable. *The Spirituality and Social Work Forum*, 8(2), 4-5.

Burke, P. A. (1999). The Healing Power of the Imagination. *The International Journal of Children's Spirituality*, 4(1), 9-17.

Burke, P. A. (1999). Book Review: The Therapeutic Use of Stories, Dwivedi, K. D. (Ed.), *The International Journal of Children's Spirituality*, 4(2), 240-241.

Carruth, B., & Burke, P. A. (2006). Psychological Trauma and Addiction Treatment, In B. Carruth (Ed.), *Psychological Trauma and Addiction Treatment*. New York: Haworth Press.

Center for Substance Abuse Treatment. (2008). *Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery*. Treatment Improvement Protocol (TIP) Series 48. DHHS Publication No. (SMA) 08-4353I Rockville, MD: Substance Abuse and Mental Health Services Administration. (Patricia A. Burke: Expert Advisory Board).

Center for Substance Abuse Treatment. (2009). *Clinical Supervision and Professional Development of the Substance Abuse Counselor*. Treatment Improvement Protocol (TIP) Series 52. DHHS Publication No. (SMA) 09-4435, Rockville, MD: Substance Abuse and Mental Health Services Administration. (Patricia A. Burke: Field Reviewer).

Scholarship of Teaching and Learner Guidance:

Union Institute & University, BA Program, Psychology/ Human Development and Religion, Spirituality & Holistic Studies Concentrations: Vermont Academic Center, Montpelier, Vermont. (2006-present)

Selected Student Directed Studies Supervised

The Brain: A Psychological View
Gender Identity Development in Men
The Disabled in American Culture
The Documentary Essay: Reflections on a Mindful Practice
Environmental History
Psychology, Spirituality, and Ethics
The Philosophy & Psychology of Reality
Identity of the Artist
Philosophy & Psychology of the Mind-Body Connection
Narrative Therapy: Overcoming Fear

Presentations

People are Not Their Problems: The Politics and Ethics of Psychiatric Diagnosis
Addiction and the Culture of Non-Acceptance
The Body-Mind Experience in Psychotherapy, Healing, and the Creative Process
Enhancing Hope and Resilience: Metaphor and Meaning in Psychotherapy
Circle of Meaning: Exploring the Multi-Dimensional Nature of Spirituality Through Personal Narrative

Semester Courses

Southern Maine Community College Behavioral Health and Human Services Department: South Portland, Maine (2004-2005): Substance Abuse; Addictions Counseling

University of New England Graduate School of Social Work: Portland, Maine (2000-2003): Substance Abuse; Addictions Counseling and Family Dynamics; Individual, Family, Group Practice I and II; The Spiritual Dimension of Social Work Practice ; Spirituality, Health, and Healing

Summer Institutes

Rutgers University Summer School, Advanced School, and Institute of Alcohol and Drug Studies: New Brunswick, NJ (1989-present): Five-Day Courses: Enhancing Hope and Resilience in the Treatment of Trauma and Addiction; A Comprehensive Approach to Counselor Self-Care; The Circle of Meaning: An Integrated Method for Exploring the Multi-Dimensional Nature of Spirituality in Addiction Counseling; Motivational Interviewing and the Stages of Change in Addiction Counseling; Enhancing Hope and Resilience in the Treatment of Trauma and Addiction; The Adaptable Counselor: Use of Self in a Client-Centered Approach to Addictions Counseling; Listening and Interviewing Skills for Addiction Counselors; The Principles of Narrative Therapy in Addictions Counseling; Self and Soul: Finding Integrity and Meaning in Recovery from Addictive Illness; Integrating a Spiritual Focus into the Treatment Process with Addicted Adults; The Eleventh Step Re-Visited: Meditation Throughout the Stages of Recovery; Self-Inquiry: A Path of Psychological and Spiritual Awakening; Soul Work: Advanced Clinical Practice with Chemically Dependent Adults; Simply Being: The Appropriate Use of Self in the Therapeutic Relationship with the Chemically Dependent Adult; Healing Through Expressive Writing in Recovery; The Practice of Self-Acceptance in Recovery from Chemical Dependency and Childhood Trauma; Sexual Abuse in Substance Abusing Families: Experiential Treatment Techniques for Adult Survivors; Beyond Survival from Incest and Chemical Dependency; Explorations in Healing from Sexual Trauma and Chemical Dependency; Intervention in Alcoholic Family Systems; Body-Centered Psychotherapy

New England Institute of Addiction Studies: Augusta, Maine (1999-present): One- to Four-Day Seminars: Clinician Self-Care for Addiction Counselors and Clinical Supervisors (2008); Motivational Interviewing and the Stages of Change in Addiction Counseling (2007); The Circle of Meaning: A Narrative Tool for

Exploring the Multi-Dimensional Nature of Spirituality in Addiction Counseling (2005); Listening and Interviewing Skills for Addiction Counselors (2005-2008); Building Resilience Through Spirituality (2003); Soul Work: Advanced Clinical Practice with Chemically Dependent Adults (1999-2000); Soul Work: Advanced School Follow-up (Five-Week Online Class) (1999)

Online Courses

Addiction Technology Transfer Center of New England: Brown University Center of Alcohol and Addiction Studies, Providence, RI (1999-Present): Four-Week Online Courses: Living Life on Life's Terms: Introducing Spirituality into the Therapeutic Process with Addicted Adults; Simply Being: The Appropriate Use of Self in the Therapeutic Relationship with Addicted Adults; Clinician Self-Care for Addiction Counselors and Clinical Supervisors

The Co-Occurring Collaborative Serving Maine (CCSME): Portland, Maine (2006-present): Five-Week Online Course: Ethical Issues in Clinical Supervision for Co-Occurring Conditions (2009)

Workshops, Seminars, Conferences

The Co-Occurring Collaborative Serving Maine (CCSME): Portland, Maine (2006-present): One-Day Workshops: Spirituality, Values and Ethical Principles in Clinical Practice (2009); An Integrated Approach to Trauma and Addiction Treatment (2007-2008); Counselor Self-Care and Ethics for Clinical Supervisors (2007); An Integrated Approach to Clinician Self-Care (2006); Circle of Meaning: A Spiritual Approach to Clinical Practice (2006)

ITV Seminars: Assessing Our Own Attitudes, Motivation and Health (2007-2008)

University of Southern Maine Center for Continuing Education: Portland, Maine (2007-2008): Two-Day Seminars: A Holistic Approach to Psychological Trauma and Addiction Treatment (2008); Using Motivational Interviewing with Chronically Ill Patients (2007)

Maine Chapter of the National Association of Social Workers: Augusta, Maine (2000-2006): Friday Seminar Series: A Holistic Approach to Clinician Self-Care in Trauma Work (2006); Spirituality, Values, and Clinical Social Work Practice (2004); Building Resilience Through Spirituality (2003-2004); The Spiritual Dimension of Social Work Practice (2000-2001)

Conference Presenter: *Diversity in Times of Adversity* (2005); Circle of Meaning: A Narrative Tool for Exploring Spiritual/Religious Diversity

Conference Presenter: *Celebrating Resilience: Social Work in the 21st Century* (2002); Building Resilience Through Spirituality

Center for Tobacco Independence: Portland, Maine (2007-2009): Conference Presenter: *Intensive Tobacco Treatment Training & Conference*: The Place of Spirituality in Best Practices (Breakout Session); Cognitive Behavioral Treatment of Tobacco Dependence (Breakout Session); Psychological Trauma and Addiction Treatment (Breakout Session); Building Personal Narratives: Stories of Hope (Keynote Address); Advanced Motivational Interviewing (Seminar); Motivational Interviewing in Tobacco Dependence Treatment (Intermediate Seminar)

Sweetser Training Institute: Saco, Maine (2003-2009): One-Day Workshops: Spirituality, Values and Ethical Principles in Clinical Practice (2009); Circle of Meaning: A Narrative Tool for Exploring the Multi-Dimensional Nature of Spirituality (2006); Uncovering the Spiritual Narrative (2004); Meaning, Metaphor, and the Imagination in Trauma Recovery (2003)

Vermont Chapter of the National Association of Social Workers: Montpelier, Vermont (2006): Conference Presenter: *NASW Annual Conference*: Integrating a Spiritually Sensitive Focus into Clinical

Practice; Motivational Interviewing and the Stages of Change

Lutheran Social Services AODA Task Force Annual Training: Wisconsin Dells, Wisconsin (2006): Two-Day Training: The Circle of Meaning: Exploring the Multi-Dimensional Nature of Spirituality in Addiction Counseling & Recovery

Mental Health HIV Collaborative Services Program: Baltimore, Maryland (2005): Clinical Training Presenter: Integrating a Spiritually Sensitive Focus into Clinical Practice

Maine Health Target Diabetes Collaborative: Freeport, Maine (2004): Conference Presenter: Target Diabetes Collaborative II – Motivational Interviewing Skills: The Art of Health Promotion in the Treatment of Diabetes

World Health Organization China Institute on Substance Abuse: Prevention, Treatment and Rehabilitation: Beijing, China (2002): Presentations: Working with Women in Recovery; Spirituality and Addictions; Evoking Hope: Strengths-Based Counseling Techniques

The National Center on Addiction and Substance Abuse at Columbia University: New York, New York (2002): Conference Presenter: National Conference Celebrating Caseworks for Families: Spirituality and Substance Abuse: Integrating a Spiritually Sensitive Focus into Treatment

The Center: The Learning Resource for Substance Abuse and Health (ETP): Hartford, Connecticut (1999-2000): Day-Long Seminars: Simply Being: The Appropriate Use of Self in the Therapeutic Relationship; Boundary Setting and the Use of Self in the Therapeutic Relationship with Co-Occurring Disorders; Mindfulness and the Practice of Self-Acceptance in Recovery from Chemical Dependency and Childhood Trauma

NAMI (National Alliance for the Mentally Ill) Maine State Conference: China, Maine (2000): Half-Day Seminar: Spirituality and Depression

Western Mass Substance Abuse Providers: Holyoke, Massachusetts (2000): Day-Long Seminar: Self-Realization and Fulfillment in Ongoing Recovery

Adcare Educational Institute: Augusta, Maine (1999): Half-Day Seminar: Weekend Intervention Program: Clinician Self-Care

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