

## **DOROTHY FIRMAN**

### **PROFESSIONAL BACKGROUND**

#### **Education:**

1993 Ed.D., Consulting Psychology, University of Massachusetts, Amherst, Massachusetts

1977 M.A., Psychology, Beacon College, Washington, D.C.

1975 B.A., Psychology, Goddard College, Plainfield, Vermont

#### **Professional Experience:**

2006-present Affiliated Faculty, MA, Psychology & Counseling, Union Institute & University, Montpelier, Vermont

1980-present Director, staff coordinator, and primary trainer for three-year, Psychosynthesis Training Program, Synthesis Center, Amherst, Massachusetts. Program offers Social Work and Licensed Mental Health Counselor CEUs

1977-present Psychotherapist and director of counseling services at the Institute for Wholistic Education, 1977-1980; since that time, director and core staff of the Synthesis Center, Amherst, Massachusetts; licensed mental health counselor, in private practice for over thirty years

1982-2005 Human Development Consultant, Aspen Square Management, real estate firm, working with president, property managers, and foremen; Conway Graduate School of Landscape Design, work with core faculty, staff, and students; "I Have A Dream," inner city nonprofit community agency, work with mentors, sponsors, program coordinator, and teens in the program; Capacidad, after school program for elementary children, working with college students on staff; Insight Meditation Society, working with staff

#### **Licenses, Accreditations, Professional Memberships & Certificates:**

Licensed Mental Health Counselor (Massachusetts)

Board Certified Hypnotherapist

CCE certified Clinical Supervisor

Member: American Mental Health Counselors Ass.

Member: American Counseling Association

Member: International Association of Coaches

Member: American Academy of Pediatrics

Certificate of Appreciation: ACA Northern Illinois, Pro Bono Counseling Initiative

Certificate of Appreciation: ACA Virginia Tech Pro Bono Counseling Initiative

#### **Community, Civic, and Professional Services:**

2006-present American Academy of Pediatrics (AAP), Trainer Development Committee

2004-2005 American Academy of Pediatrics (AAP), Nominating Committee

1982-present Psychosynthesis International, Board of Advisors

1979-present Omega Institute, Board of Advisors, Faculty, Rhinebeck, New York

## SCHOLARLY ACTIVITIES

### Interdisciplinary Scholarship:

#### Publications (partial list)

- 2010 *Foreword to Act of Will*; Roberto Assagioli, M.D. (Author), SC Press.
- 2009 *Brace for Impact: Miracle on the Hudson Survivors Share Their Stories of Near Death and Hope for New Life*, HCI.
- 2008 *Chicken Soup for the Father & Son Soul*, HCI.
- 2008 *Stepping Up: Strategies for the New Counselor*, in *Counseling with Confidence: From Pre-Service to Professional Practice*.
- 2007 *A Transpersonal Orientation: Psychosynthesis in the Counselor's Office*, in *Counseling in a Complex Society: Contemporary Challenges to Professional Practice*, SC Press.
- 2007 *Celebrating Mothers & Daughters*, HCI.
- 2004 *Foreword to Unfolding Self: The Practice of Psychosynthesis*, Molly Young Brown (Author), Allworth Press.
- 2003 *Chicken Soup for the Mother and Daughter Soul*, HCI.
- 2003 *Daughters and Mothers, Making It Work*, HCI.
- 2000 *Foreword to Psychosynthesis: A Collection of Basic Writings*; Roberto Assagioli, M.D. (Author), SC Press.

#### Presentations (partial listing)

- 2009 Humanova, Stockholm & Malmo, Sweden; Mothers and Daughters: Healing the Relationship.
- 2009 Harmony Institute, St. Petersburg, Russia; True Power.
- 2009 Western New England College, Springfield, Massachusetts; Questions of the Spirit.
- 2009 American International College, Springfield, Massachusetts; The Heart and Soul of Leadership.
- 2008 Western New England College, Springfield, Massachusetts; Bi-focal Vision: Working with Personality & Soul.
- 2008 University of Massachusetts, School of Education, Amherst, Massachusetts; Embracing Life: Sustaining & Supporting Caregivers, Families & Individuals Through Life-Threatening Illness.
- 2008 Institute for Transpersonal Psychology, Phoenicia, New York; Psychosynthesis: Living

Between Heaven & Earth.

2008 AAP Conference, UI&U, Brattleboro, Vermont; Living Inside/Living Outside: Self in the World.

2006 Young Presidents Organization, Colorado Springs, Colorado; Women & Mothers.

2006 Connecticut Center for Massage Therapy, Newington, Connecticut; Introduction to Psychosynthesis for Body-workers.

1980- 2006 Omega Institute, Rhinebeck, New York, yearly; Mothers & Daughters Workshops.

2004-2005 Kripalu Institute, Lenox, Massachusetts; Mothers & Daughters Workshops.

2003-2005 Bay Path College, Longmeadow, Massachusetts; More Than a Paycheck: Work & Meaning.

2005 AAP Conference, St. Paul, Minnesota; Creating and Sustaining a Center.

2004 Spring Well, Boston, Massachusetts; Care-Giving & Self Care.

2004 Institute for Transpersonal Psychology, Rhinebeck, New York; Exploring Psychosynthesis.

2004 Springfield's Women's Club, Springfield, Massachusetts; Mothers & Daughters Workshops.

2003 Zonta International, West Springfield, Massachusetts; Empowering Women.

2003 Women's Lifestyle Show, Peoria, Illinois; Women's Wellbeing.

2000 Italian Psychosynthesis Conference, Bologna, Italy; Money & Spirituality.

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