

LESLIE KORN

PROFESSIONAL BACKGROUND

Education:

1996 Ph.D., Behavioral Medicine and Medical Humanities, The Union Institute, Cincinnati, Ohio. Dissertation: *Rhythms of Recovery: Trauma, Nature and the Body*

1985-1986 Clinical Fellowship in Psychology and Religion. Erikson Institute, Post-graduate training in psychodynamic psychotherapy, cross-cultural psychotherapy, narrative psychology, and community mental health; full clinical caseload; outpatient psychiatry, treatment for Spanish-speaking adults, Harvard Medical School, Cambridge Hospital, Cambridge, Massachusetts

1985 Master of Public Health, Harvard School of Public Health, Boston, Massachusetts; Concentration areas: International Health, Maternal and Child Health; Research: Department of Nutrition, "Papaya Latex Anthelmintic Trials"

1982 Master of Arts in Cross-Cultural Health Psychology and Education, Lesley University, Cambridge, Massachusetts; Internship: Boston University Medical Center, Lemuel Shattuck Hospital, Department of Psychiatry and Pain and Stress Clinic; Ethnographic Research: "Remedies, Beliefs and Oral History in Rural West Mexico"

Selected Faculty Positions:

2007-present Affiliated Faculty, MA Online Program, Health and Wellness, Union Institute & University, Cincinnati, Ohio, and Montpelier, Vermont

2004-present Adjunct Faculty, Graduate Program, School of Human Services, Capella University, Minneapolis, Minnesota; departments: Public Safety; Counseling Licensure; School of Education. Duties: teach online classes at MA and PhD level; serve as Subject Matter Expert (SME) for course development. Courses taught: *Mental Health and Aging, Introspective and Personal Growth Seminar, Human Development: Social and Behavioral Change*; SME: *Community Advocacy for Diverse Populations*; SME/taught: *Critical Incident Stress*

2001-2004 Adjunct Faculty, National College Naturopathic Medicine, Mind / Body Medicine Department, Portland, Oregon; designed/taught: Stress Management; Counseling Techniques

2002-2008 Clinical Preceptor, Naturopathic Medicine (ND) program, Bastyr University, Seattle, Washington

1980-2006 Director, Center for Traditional Medicine Education Dept., Olympia, Washington; provide clinical post-licensure; Continuing Education Unit (CEU) courses approved for professionals in Counseling, Medicine, Nursing, Acupuncture, Massage and Physical Therapy; provided workshops designed and delivered at the request of American Indian tribes and First Nations

1988-2003 Senior Lecturer, Lesley University. Cambridge, Massachusetts; Licensure Program: Master of Arts in Counseling Psychology, leading to a Licensed Mental Health Counselor; Independent Study M.A. degree program; Department of Creative Arts in Learning, M.A. degree program; Courses developed and taught: The Psychology of Illness and Wellness; Theories of Counseling and Psychotherapy; Holistic Theories of Counseling and Psychotherapy I & II; Psychological Trauma and Post-Trauma Therapy (design-only); Creative Arts in Learning dept.; Arts and Society; Mentor: Adult Bachelor's Degree Program, taught Liberal Studies in Humanities and Social Sciences (1988-90)

Professional / Administrative Experience:

1980-present Founding Director, Center for Traditional Medicine, community-based, public health treatment, and education center, Olympia, Washington.

1995-present Director of Research, Center for World Indigenous Studies (CWIS); International, non-profit American Indian research, policy and education organization, Olympia, Washington. Duties include development of research portfolio, tribal, federal, and private donor funding; conduct public health policy research focusing on vulnerable populations.

1990-1992 Clinical Director, New England School of Acupuncture, Watertown, Massachusetts; lead administrator during presidential transition period; oversaw all public clinic functions and supervision of third-year students.

1988-2000 Leslie Korn and Associates, Boston, Massachusetts; provided consulting services in health and wellness and addiction /relapse prevention to the Massachusetts Housing Finance Agency, Boston, and for contracts funded under HUD: program design, implementation, training for property managers and residents; designed over ten, 6-week training programs in six languages for children, teens, and elders; trained/supervised 25 instructors, serving over 150 sites.

Community, Civic, and Professional Services (Selected):

Washington State Governors Advisory Committee on Health Disparities in Obesity and Diabetes: (Term: 2009).

Project Access, *pro bono* community health service to indigent individuals, Clinician, Thurston County, Washington, 2004-present.

American Polarity Therapy Association, Member Board of Directors, (1996-1998) Member, Ethics Committee, (1989-1998); Chair of Research committee, (1996-2006).

Research Grants

Fulbright Research Grant, Traditional Medicine in Mexico, 10/09-7/10.

Co-Principal Investigator. Lummi Education Futures Project, 03/08-06/08. Qualitative narrative interviews and analysis with tribal elders and educational stakeholders involved with integration of cultural standards into K-12 curriculum for tribal schools.

Principal Investigator. National Institutes of Health (NIH) grant, 05/04-05/07. Polarity therapy for dementia caregivers; a randomized clinical study of polarity therapy with American Indian caregivers, 1 R21 AT001627-01A1 NIH/NCCAM.

Research Mentor. NIH grant, 06/05-09/07. Receipt of two Minority research supplements to mentor one pre-doctoral and one post-doctoral candidate. Polarity therapy for dementia caregivers; a randomized clinical study of polarity therapy with American Indian caregivers, 3 R21 AT001627-02S1 NIH/NCCAM.

Co-Principal Investigator. Center For World Indigenous Studies, Africa First, World Health Organization and the United Nations 6/04-5/05.

Traditional Medicine and HIV/AIDS; collaborative policy development between traditional healers, Ghana,

Research Review Panel

Member, NIH Review Panel, National Institute of Aging/ARDC/ADCC (October, 2004)
Member, NIH Review Panel, National Children's Study (June, 2006)

Clinical Grant Support

Nutrients for Natives. Center for Traditional Medicine, Olympia, Washington, 2001-present. Grants from six Pacific Northwest Indian tribes to support *pro bono* program of psychotherapy and traditional medicine for elders.

Lewis-Mason-Thurston County Area Agency on Aging, Olympia, Washington, 2006-2007; to provide CAM and Traditional medicine to caregivers living in the county.

Honors:

The Aaron and Roslyn Wallace Endowed Scholarship, 1995; for research on wellness, The Union Institute, Cincinnati, Ohio.

100 Outstanding Women of Boston, *Boston Women's Magazine*, 1989.

SCHOLARLY ACTIVITIES

Scholarship of Discovery:

Books

Korn, L. (2010) *Medicinas de la Selva/ Medicines of the Jungle*, Bi-lingual 4 color book, photography and illustrations, DayKeeper Press, Olympia, WA.

Korn, L., Ryser, R. (2009) *Preventing and Treating Diabetes, The Native Way*, DayKeeper Press, Olympia, WA.

Refereed Book Chapters

Korn, L. (2008) Polarity therapy. In E. Stillerman (Ed.), *Modalities for Massage and Bodywork*. Saint Louis, MO: Mosby Publications.

Korn, L., & Ryser, R. (2005). Burying the umbilicus: Nutrition trauma, diabetes and traditional medicine in rural West Mexico. In M. L. Ferreira and G. C. Lang (Eds.), *Indigenous Peoples and Diabetes: Community Empowerment and Wellness* (pp. 231-270). Durham, NC: Carolina Academic Press.

Korn, L., & Ryser, R. (2002). Is sharing a *fait accompli*? Fourth world perspectives on biocultural property. In J. R. Stepp, F. S. Wyndham, & R. Zarger (Eds.), *Ethnobiology and Biocultural Diversity: Proceedings of the Seventh International Congress of Ethnobiology*. Athens, GA: International Society of Ethnobiology.

Korn, L. (2002). Community trauma and cultural renewal on the west Coast of Mexico: A community-determined model. In J. R. Stepp, F. S. Wyndham, & R. Zarger (Eds.), *Ethnobiology and Biocultural Diversity: Proceedings of the Seventh International Congress of Ethnobiology*. Athens, GA: International Society of Ethnobiology.

Korn, L. (2000). Traditional medicine, Asian traditional medicine, African traditional medicine, and Australian aboriginal healing. In C. Kramarae & D. Spender (Eds.), *International Encyclopedia of Women's Studies*. New York: Routledge.

Korn, L. (2000). Polarity therapy. In D. Novey (Ed.), *Clinician's Complete Reference to Complementary & Alternative Medicine*. New York: Guilford.

Refereed Abstracts

Korn, L., Ryser, R., McCloud, C., Pollisar, N., McCraty, R., & Logsdon, R. (2005, April). *American Indian elder caregiver health study* [abstract]. International meeting on Inuit and Native American Child Health, 17th annual Indian Health Service research conference, Seattle, Washington.

Ryser, R., Korn, L., Logsdon, R., & McCloud, C. (2005, April). *Barriers to research subject recruitment in Salish populations* [abstract]. International meeting on Inuit and Native American Child Health, 17th annual Indian Health Service research conference, Seattle, Washington.

Refereed Journal Articles

Korn, L., Logsdon, R., Pollisar, N., Gomez Beloz, A., & Ryser, R. (2009) Randomized trial of a CAM therapy to reduce stress in American Indian caregivers. *The Gerontologist*. 43(9): 368-377. Doi:10.1093/geront/gnp032.

Korn, L., & Ryser, R. Salish Culture, Foods and Medicines: Indigenous Traditions and CAM for the prevention and treatment of Diabetes Type 2. *The Townsend Letter; The Examiner of Alternative Medicine*, May 2009.

Korn, L., & Ryser, R. (2007, April). Designing a polarity therapy protocol: Bridging biomedical, cultural and holistic approaches to research, part 1. *Journal of Bodywork and Movement Therapies*, 11(2), 129-140.

Korn, L., Loytomaki, S., Hinman, T., & Ryser, R. (2007, July). Polarity therapy protocol, part 2. *Journal of Bodywork and Movement Therapies*, 11(3), 244-259.

Korn, L. (2003). Community trauma and development. *Fourth World Journal*, 5, 1-9.

Interdisciplinary Scholarship:

Policy Papers and Reports

Ryser, R., Korn, L., & Berridge C. (2008). *American Indian caregiver policy study*. Delivered to tribal state and federal government agencies, Olympia, WA: Center for World Indigenous Studies.

Ryser, R., & Korn, L. (2008). *Lummi education futures: Integrating cultural values into K-12 education*. Delivered to Lummi Indian Nation, Olympia, WA: Center for World Indigenous Studies and The Center for Traditional Medicine.

Korn, L., & Ryser, R. (2005). *Conducting culturally-appropriate research in American Indian communities*. Delivered as a memorandum to the National Institutes of Health, Olympia, WA.

Additional Selected Publications

Hirsch, M., Korn, L. (forthcoming, 2010) "Journeys of Healing: Indigenous revitalization of culture and traditional medicine as a cure for mental illness of indigenous peoples of the Pacific Northwest of the United States of America," Proceedings: International Conference on Traditional Medicine Intercultural and mental health, Tarapoto, Peru.

Ryser, R., & Korn, L. (2007). A Salish feast: Ancient roots and modern applications. *Cultural Survival Quarterly*, 31(1).

Korn, L. (2006). *Salish culture, foods, and medicines: Workbook for diabetes prevention and treatment*. Delivered to seven tribes for use in IHS diabetes management programs, Olympia, WA.

Ad Hoc editorial reviewer: *Integrative Cancer Therapies*, Sage Publications; *American Journal of Chinese Medicine*.

The Washington Institute for Mental Health, University of Washington; Training video; "Mobility Impairments, Health Impairments, Chronic Pain and Mental Health," 4-hour lecture; design and delivery, Seattle, WA, April, 2007.

The Washington Institute for Mental Health, University of Washington. Ethnic Minority Mental Health Training program, "Latino Mental Health." Yakima, WA, Sept., 2006.

The Washington Institute for Mental Health, University of Washington. "American Indian Mental Health." Yakima, WA, Sept, 2006.

Invited Papers, Lectures, Posters, and Symposia (Selected)

Invited speaker / panel member: Native Research Network / Indian Health Service Annual Conference, "A Randomized Trial of a CAM therapy for American Indian Caregivers," Portland, OR, Aug. 2009.

Invited Speaker / Research Panel: American Association of Naturopathic Physicians Annual Conference, "A Randomized Trial of a CAM therapy for American Indian Caregivers", Tacoma, WA, Aug., 2009.

Invited Speaker 2nd International Diabetes in Indigenous Peoples Forum: *International Best Practices*. "Traditional medicine for the prevention and treatment of Diabetes." November 17-19, 2008, Vancouver, British Columbia.

Invited Speaker: Traditional Nutrition for the 21st Century, Nutritional Therapy Association, "Traditional Foods and Medicines of the Salish Tribes." Portland, OR, March, 2008.

Luncheon Keynote: National Native Leadership Institute on Tobacco, SAMHSA. "The Spectrum of Tobacco: Culture, Nature and Tobacco." Clarkston, WA, Sept., 2006.

Invited Workshop: National Native Leadership Institute on Tobacco, SAMHSA. "Cigarettes, Sugar and Alcohol: A Natural Strategy for Recovery." Clarkston, WA, Sept., 2006.

Invited Keynote: Washington Department of Social and Health Services and Washington Indian Policy Advisory Commission, Elders Conference. "Natural Approaches to Physical and Emotional Well Being." Skagit, WA, May, 2006.

Invited Workshop: Washington Mental Health Transformation Project: Consumer conference. "Multicultural Practices and Beliefs for Mind and Body." Kennewick, WA, Sept., 2006.

Invited Speaker: American Massage Therapy Association Research Conference: Panel on Clinical Protocol Development, Santa Fe, NM, Sept., 2005.

Invited Workshop: National Association of Area Agencies on Aging, Annual Conference "Wellness for Dementia Caregivers." Bellevue, WA, July, 2005.

Invited Poster: American Massage Therapy Association Research Conference American Indian Dementia Caregivers. "Preliminary Psychological and Biological Findings." Santa Fe, NM, Sept., 2005.

Invited Speaker: University of Washington, First Annual Complementary and Alternative Medicine (CAM) Research Symposium 2002 Presentation, "Traditional Medicine Research in Rural Mexico." Seattle, WA, 2002.

Plenary Panel Convener: Seventh International Congress on Ethnobiology, University of Georgia, Paper, "Women and Biodiversity." Paper: "Community Trauma and Cultural Renewal on the West Coast of Mexico: A Community Determined Model." Athens, GA, 2000.

Invited Panel Member: Franklin College of Humanities (University of Georgia) State-of-the-Art Conference. Speaker: Ethnobia-Prospecting and Benefits-Sharing. Paper: "Is Sharing a *Fait Accompli*? Fourth World Perspectives on Biocultural Property." Athens, GA, 2000.

Co-Convener: Panel on Globalization and Indigenous Peoples, National Network of Grantmakers Conference. Speaker: "Community Trauma, Tourism and Cultural Revitalization." Boston, Oct., 2000.

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